

TOGETHER WE BELIEVE WE CAN DRIVE CHANGE.

There is a strong need to better recognise, diagnose, support and manage those with Mild Cognitive Impairment - with likely up to one million Australians affected.

To address this, we are hosting two 1-day Masterclasses with an emphasis on bringing the Multi-Disciplinary Team of specialists, GPs, nurses and pharmacists together to optimise the practical management of those living with Mild Cognitive Impairment.

PLACES ARE LIMITED SO REGISTER TO ATTEND TODAY

by scanning the QR code
or visiting www.mciawareness.com.au

Supported by an unrestricted grant from Nutricia.



DRIVING CHANGE

Mild Cognitive Impairment

INAUGURAL MCI MASTERCLASS

**INTERNATIONAL
SPEAKER**
Philip Scheltens
Professor
MD PhD

**Michael
Woodward**
Associate Professor
AO MBBS FRACP

Mark Yates
Associate Professor
MBBS FRACP

Henry Brodaty
Professor
AO MBBS MD DSc
FRACP FRANZCP

Philip Morris
Professor
MMBS PhD FACH AM
(RACP) FRANZCP
AmBPN
AmBIMS

Ralph Martins
Professor
AO PhD

Ms Lesley Pugh
RN APNA

Dr Damien Flanagan
MBBS

VIC

Monday 16th March 2020
RACV City Club, 501 Bourke Street,
Melbourne 3000

NSW

Wednesday 18th March 2020
Host Co, Level 4, Holme Building Science Road,
The University of Sydney NSW, 2006

Live Webinar

Monday 16th March 2020
8:45am - 12:50pm

Supported by



PROGRAM

To view full speaker profiles and to register, visit www.mciawareness.com.au

08:45 - 09:15: **The rising tide of cognitive impairment and the importance of MCI** – A/Prof Michael Woodward and Dementia Australia
09:15 - 09:45: **MCI...why bother? The concept, definition, history, course, predictors, criteria and evidence base – what should we strive to achieve?** – **Prof Philip Scheltens**
09:45 - 10:05: **MCI – it really is a disease; Amyloid and Tau are damaging the brain** – Prof Colin Masters
10:05 - 10:30: **MCI – diagnosis is now possible through imaging** – Prof Chris Rowe
10:30 - 11:00: **MCI – what will happen to my patient and when?** – Prof David Ames

11:00 - 11:20: MORNING TEA
11:20 - 11:40: **What benchtop memory tests can I use in my practice?** – Dr Jo Robertson
11:40 - 12:00: **MCI - what can be done through lifestyle and dietary modifications?** – Prof Ralph Martins
12:00 - 12:30: **MCI – the latest breakthrough evidence for treatment** – **Prof Philip Scheltens**
12:30 - 12:50: **A quick route to diagnosis - ADNet, Step Up and the National Dementia Registry** – Prof Chris Rowe

12:50 - 13:30: LUNCH
13:30 - 13:45: **Challenges with optimising MCI management across all settings and introduction to the workshops** – A/Prof Mark Yates
13:45 - 16:00: **Parallel workshops:**
Workshop 1: Detection and diagnosis
Workshop 2: Practical interventions (diet and lifestyle)
Workshop 3: Monitoring and follow up
Workshop 4: Care planning

Register for your workshop at www.mciawareness.com.au

16:00 - 16:25: AFTERNOON TEA
16:25 - 17:45: **Panel session – workshop insights versus the 'ideal' dementia pathway; constructing the national principles***
– A/Prof Mark Yates and A/Prof Michael Woodward
17:45 - 18:00: **Final remarks, thank you and close** – A/Prof Mark Yates

*The masterclass will also aim to capture the discussions, insights and expertise of the day to publish a post-event academic paper entitled: 'Nationally informed principles on approaching the detection, assessment and management of MCI'.

KEYNOTE INTERNATIONAL SPEAKER



Philip Scheltens

Professor MD PhD

Professor. Dr. Philip Scheltens studied at the VU University Amsterdam, Netherlands, gaining his MD in 1984, and PhD (Magnetic Resonance Imaging in Alzheimer's disease) in 1993. Since 2000, he is Professor of Cognitive Neurology and Director of the Alzheimer Centre at Amsterdam University Medical Centre. His main clinical and research interests are Alzheimer's disease, vascular dementia, frontotemporal dementia, magnetic resonance imaging, PET imaging and fluid biomarkers. He is active in the field of biomarkers and clinical trials and has been the national PI for many studies, including phase 1-3 multicentre clinical trials.

He founded and directs the Alzheimer Centre since 2000, from which over 68 PhD theses have been produced. In 2013, he co-founded the Dutch national plan against dementia (Deltaplan Dementie) and serves as vice-chair of the board. He has authored over 950 peer reviewed publications and his H-factor is currently 103. In 2011, he was elected as member of the Royal Dutch Academy of Arts and Sciences (KNAW) and serves as Secretary General since 2015. In 2016 he was awarded the European Grand Prix for Alzheimer's Research.